

Pandemic information sheet

## Tamiflu®

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If you have been infected and are showing flu symptoms, you can be cured by means of the prescription-only antiviral medication, Tamiflu®. Tamiflu® must be taken within 36 hours of the appearance of flu symptoms and is most effective when taken as soon as possible. Tamiflu® is the only medication which suppresses the course of the illness so that it is highly probable that you will survive.

Go to a doctor as soon as possible after flu symptoms appear; the doctor will make a diagnosis and decide whether Tamiflu® should be administered. The symptoms are a **sudden rise in temperature to  $\geq 38^{\circ}\text{C}$  and feeling very unwell.**

If Tamiflu® is not available from your doctor or from the drugstore (written proof), please go to the health center in Baden, where you will be provided with Tamiflu® from ABB Switzerland's emergency supplies.

### Dosage

- Adults and children >40 kg (of approx. 8 years of age or more) take one capsule morning and evening for 5 days, regardless of when you eat.
- Children > 1 year receive the following doses:

≤15 kg	30 mg	2× daily for 5 days
>15 kg to 23 kg	45 mg	2× daily for 5 days
>23 kg to 40 kg	60 mg	2× daily for 5 days
>40 kg	75 mg	2× daily for 5 days

### Pregnancy and breast-feeding

Insufficient data is available on the effect Tamiflu® has on expectant mothers. Tamiflu® should therefore only be taken when absolutely essential. Do not breastfeed while taking Tamiflu®.

### Storage

Tamiflu® should be kept in a dry place and stored away from direct sunlight at temperatures of <math><25^{\circ}\text{C}</math>.

If you have any questions, please contact:

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